

LEVEL TWO GENERAL RIDING CERTIFICATE



Course Outline

1: Dressage

- 1.1 Demonstrate the fitting and use of saddlery and protective gear for the horse and rider
- 1.2 Discuss the different weight aids and their uses
- 1.3 Discuss the different leg aids and their uses
- 1.4 Discuss the different rein aids and their uses
- 1.5 Demonstrate correct and effective use of auxiliary aids when schooling
- 1.6 Demonstrate the use of the training scale to improve a horse currently competing at EFA Medium level
- 1.7 Demonstrate an effective independent upright position, that can be maintained in all paces and movements up to and including Medium
- 1.8 Assess two horses educated to EFA Medium level
- 1.9 Demonstrate appropriate warm-up and cool down procedures for Dressage
- 1.10 Demonstrate a capacity for self-analysis of riding and horse performance
- 1.11 Display comprehensive knowledge of the EFA/FEI Dressage Rules to EFA Medium

2: Jumping

- 2.1 Demonstrate the fitting and use of saddlery and protective gear for the horse and rider
- 2.2 Demonstrate a balanced and effective jumping position over poles and grids, to 1.15meters
- 2.3 Demonstrate a balanced and effective jumping position over singles fences, combinations, related fences and courses to 1.15meters
- 2.4 Demonstrate training a horse over poles and grids suitable for a horse competing at 1.15 meters
- 2.5 Demonstrate training a horse over singles fences, combinations and related lines to 1.15meters
- 2.6 Assess two horses capable of jumping 1.15meters
- 2.7 Demonstrate walking courses with a minimum of 10 jumping efforts fences, including at least one combination at 1.15meters
- 2.8 Prepare for a 1.15meter Jumping competition
- 2.9 Demonstrate appropriate warm-up and cool down procedures for Jumping
- 2.10 Demonstrate a capacity for self-analysis of riding and horse performance
- 2.11 Demonstrate comprehensive knowledge of the FEI/EFA Jumping Rules

3: Cross-country

- 3.1 Demonstrate the fitting and use saddlery and protective equipment for the horse and rider
- 3.2 Demonstrate jumping a variety of cross-country obstacles, either simulated or natural, to an FEI CCI**/CNC** level
- 3.3 Demonstrate training a horse over single fences, combinations, related fences found at FEI CCI*/CNC* level
- 3.4 Assess two horses educated to FEI CCI*/CNC* level
- 3.5 Discuss walking a range of courses and riding preparation for such courses
- 3.6 Demonstrate a range of appropriate warm-up and cool-down procedures for the cross-country phase
- 3.7 Demonstrate a capacity for self-analysis of riding performance
- 3.8 Display comprehensive knowledge of the FEI/EFA rules for General to FEI CCI*/CIC* level

4: Applied Horse Physiology

- 4.1 Demonstrate an understanding of the mechanics of the movements and development of suppleness, strength and fitness

5: Personal Physical Conditioning for Riding

- 5.1 Discuss and explain the reasons for physical conditioning as a rider