

# ASSOCIATE VAULTING LUNGER CERTIFICATE - Course Outline

## Unit 1 General Horsemanship & Safety

At the end of this unit the candidate will be able to:

- 1.1 Identify points of the horse
- 1.2 Identify basic horse characteristics (identification)
- 1.3 Recognise and practice safe horse handling methods
- 1.4 Interpret basic horse behaviour and identify safety concerns relating to these behaviours
- 1.5 Identify the advantages, disadvantages and maintenance of different bedding types
- 1.6 Describe an appropriate stable management routine for stabled and paddock-kept horses
- 1.7 Identify the basic elements of safe paddock, stable and yard design
- 1.8 Identify essential risk management and safety measures around the stable complex

## Unit 2 Tack

### Part A) Tack

At the end of this unit the candidate will be able to:

- 2a.1 Name and identify the parts of a surcingle
- 2a.2 Describe the different types of surcingles and their purpose
- 2a.3 Name and identify the parts of a snaffle bridle and be able to take it apart and re-assemble it
- 2a.4 Fit surcingle, snaffle bridle with noseband, a running martingale with stoppers, a crupper and a breastplate
- 2a.5 Demonstrate and discuss the care and cleaning requirements of equipment

### Part B) Rugs, Boots & Saddlecloths

At the end of this unit the candidate will be able to:

- 2b.1 Identify basic types of rugs and discuss rug materials
- 2b.2 Be able to rug and unrug a horse correctly
- 2b.3 Identify the purpose and fit of different types of boots
- 2b.4 Identify safety and fitting considerations for saddlecloths

## Unit 3 Horse Care

### Part A) Health & Fitness

At the end of this Unit the candidate will be able to:

- 3a.1 Identify and discuss the signs of good health
- 3a.2 Identify the symptoms of tying up/Azoturia
- 3a.3 Identify and discuss the symptoms of colic
- 3a.4 Identify and discuss the symptoms of laminitis/founder
- 3a.5 Discuss the importance of worming and devise a suitable program
- 3a.6 Discuss why a regular vaccination program is important for strangles and tetanus
- 3a.7 Discuss symptoms of ringworm, greasy heel/mud fever, lice, rain scald, sunburn and Queensland itch
- 3a.8 Recognise basic symptoms of respiratory infections/problems
- 3a.9 Recognise swelling in the legs/joints & lameness
- 3a.10 Identify when to call the vet

### Part B) Feeding

At the end of this Unit the candidate will be able to:

- 3b.1 Identify the 11 rules of feeding
- 3b.2 Recognise common feed types and their basic properties
- 3b.3 Identify and discuss poor quality or spoiled feed
- 3b.4 Recognise common poisonous weeds
- 3b.5 Discuss the correct storage of feed
- 3b.6 Recognise good and bad paddock feed and understand basic paddock management

3b.7 Discuss the use of haynets

#### Part C) Hoof Care

At the end of this Unit the candidate will be able to:

- 3c.1 Safely pick up, handle and clean all four hooves of the horse
- 3c.2 Identify the exterior parts of the hoof
- 3c.3 Recognise the need for shoeing and understand the basic process
- 3c.4 Understand the care of the horse's hooves

#### Part D) Grooming

At the end of this Unit the candidate will be able to:

- 3d.1 Assess and discuss the physical and visual value of grooming a horse
- 3d.2 Identify and demonstrate the use of common grooming equipment
- 3d.3 Describe correct horse washing techniques
- 3d.4 Be aware of all of the safety considerations related to horse grooming activities

#### Part E) Travelling

At the end of this Unit the candidate will be able to:

- 3e.1 Prepare a horse for travelling a short distance

### **Unit 4 Vaulting Horse Knowledge**

At the end of this Unit the candidate will be able to:

- 4.1 Understand a correct working frame for the vaulting horse
- 4.2 Demonstrate understanding and practical application of side reins
- 4.3 Demonstrate understanding and practical application of auxiliary reins
- 4.4 Discuss the correct and incorrect paces of the horse
- 4.5 Discuss bend and straightness and rhythm in a lungeing horse

### **Unit 5 Lungeing Techniques**

At the end of this Unit the candidate will be able to:

- 5.1 Identify safe and suitable lungeing areas
- 5.2 Demonstrate the fitting and use of **tack and protective gear** for horse
- 5.3 Demonstrate a correct lungeing technique
- 5.4 Demonstrate the principles of correct **movement** while maintaining contact
- 5.5 Demonstrate the **paces and transitions** with and without an 'E' vaulter
- 5.6 Demonstrate arena entry and exit as required for competition
- 5.7 Demonstrate effective communication between lunger and coach/vaulter
- 5.8 Demonstrate appropriate warm-up and cool-down procedures