

LEVEL TWO JUMPING RIDING CERTIFICATE



Course Outline

1: Dressage

- 1.1 Demonstrate the fitting and use of tack and protective gear for the horse and rider
- 1.2 Discuss the different weight aids and their uses
- 1.3 Discuss the different leg aids and their uses
- 1.4 Discuss the different rein aids and their uses
- 1.5 Demonstrate correct and effective use of auxiliary aids when schooling
- 1.6 Demonstrate use of the Training Scale to improve a horse currently jumping at the 1.30m
- 1.7 Demonstrate effective independent position that can be maintained in all paces and movements up to Elementary level dressage plus half-pirouettes at walk and flying changes
- 1.8 Assess three (3) horses educated to Elementary level dressage
- 1.9 Demonstrate appropriate warm-up and cool-down procedures
- 1.10 Demonstrate a capacity for self-analysis of riding and horse performance

2: Jumping to 1.30m

- 2.1 Demonstrate the fitting and use of tack and protective gear for the horse and rider
- 2.2 Demonstrate a balanced and effective jumping position over poles and grids
- 2.3 Demonstrate a balanced and effective jumping position over single fences, combinations, related fences and courses to 1.30m
- 2.4 Demonstrate training a horse over poles and grids
- 2.5 Demonstrate training a horse over single fences, combinations, related fences and courses to 1.30m
- 2.6 Demonstrate knowledge of changes in rhythm and tempo for different classes and jump-offs
- 2.7 Build fences for indoor and outdoor use suitable for progressive training of the jumping horses
- 2.8 Demonstrate walking Jumping courses (minimum 3)
- 2.9 Prepare for 1.30m competitions
- 2.10 Demonstrate a range of appropriate warm-up and cool-down procedures for the competition horse
- 2.11 Demonstrate a capacity for self-analysis of riding performance

2.12 Demonstrate comprehensive knowledge of the FEI/EFA Jumping rules

3: _____ Physiology for Jumping

3.1 Demonstrate an understanding of the mechanics of movement

4: _____ Personal Physical Conditioning for Riding

4.1 Discuss and explain the reasons for physical conditioning as a rider